

RESOURCE GUIDE



Office of
Mental Health



Broome County

This resource guide includes information about where you can find help in your local community. All the programs and services listed below allow you to self-refer and some may offer walk-in appointments.

Crisis Services & Support

Mobile Crisis (MHA of the Southern Tier)

Number to call in moments of mental health crisis.
(607) 771-8888 (option #3), available 10 am-8pm daily.
Crisis team can rapidly respond to you at your home or elsewhere in the community if necessary. Call **988** or **CPEP** for help after hours.

Supportive Crisis Residence

Home setting staffed 24/7 for those in crisis.
295 Clinton St, Binghamton, NY 13905
(607) 771-8888 (option #2)
Call to refer self. 6-bed capacity; can stay up to 28 days.
Around the clock peer support. Ages 18+.

Comprehensive Psych Emergency Program (CPEP)

UHS facility provides 24/7 crisis resources.
10-42 Mitchell Ave, Binghamton, NY 13903
(607) 762-2302
You can come to CPEP any time for a mental health crisis or use the number above as a crisis line to get help.

Broome County Department of Social Services

Emergency after hours housing support.
(607) 778-3885
Call this number if you have an emergent need for housing and it is after business hours (see back).

Mental Health Treatment & Rehabilitation

Community Treatment and Recovery Center

Outpatient clinic with walk-in capability.
114 Clinton St, Binghamton, NY 13905
(607) 797-0680 **Hours:** Mon-Fri 8 am-4 pm **Walk-In Hours:** Mon-Fri 10 am-11am, 2 pm-3 pm (talk therapy, no med management, don't have to be a client).

Family Counseling Services of Broome County

Outpatient clinic that determines appts based on need.
257 Main St, Binghamton, NY 13905
(607) 729-6206
Hours: Mon-Fri, 8 am- 5pm.

Must be Broome County resident to receive services.

UHS Outpatient Mental Health Clinic

Outpatient clinic.
33 Mitchell Ave, Summit Building, Suite G80, Binghamton, NY 13903; (607) 762-2340
Hours: Mon-Fri, 8 am-5 pm. **Walk-in Hours:** Mon-Fri 9 am-9:15 am. May come as early as 8 am to begin intake.

Guthrie Lourdes Mental Health Clinic

Outpatient clinic.
184 Court St, Binghamton, NY 13901
(607) 584-4465
Hours: Mon-Fri, 8:30 am-5 pm. Call to begin the intake process. Some evening hours available.

Peer Support Services

MHA of the Southern Tier Warmline

24/7 number for emotional support and resource info.

(607) 771-8888 (option #1)

Call anytime to speak with a NYS Certified Peer Specialist.

Common Ground Wellness Center (Catholic Charities)

Informal drop-in for mutual recovery and wellness.

290 Front St, Binghamton, NY 13905

(607) 773-1184

Hours: Monday—Fri 8:30 am—3 pm

Call before attending to self-refer.

Sunrise Wellness (MHA of the Southern Tier)

Peer-led group support fostering mental wellness.

47 Broad Ave, Binghamton, NY 13904

(607) 771-8888 (option #4)

Hours: Monday—Friday, 8:30 am-4:30 pm

Call ahead to sign up for groups. All groups are free.

UHS Mental Health Services

UHS has peer supports across its mental health services.

10-42 Mitchell Ave, Binghamton, NY 13903

Call **CPEP** at (607) 762-2302 for 24/7 access to peer

support. The outpatient clinic provides peer support and

have walk-in capabilities (see front).

Addiction or Substance Use Treatment and Support

UHS New Horizons Chemical Dependency Treatment

Outpatient substance use services.

10 Mitchell Ave, Binghamton, NY 13903

(607) 762-3288 **Walk-In Hours:** Mon-Fri 9 am-11 am,

Mon/Tues/Thurs/Fri 1 pm-3 pm. For crises, call **CPEP**.

Groups offered during day and evening.

Fairview Recovery Services

Substance use stabilization and residential services.

5 Merrick St, Binghamton, NY 13904

(607) 722-8987. Call to learn more. 24/7 support offered

via addiction stabilization center.

Addiction Center of Broome County

Outpatient substance use services.

30 W. State St, Floor 2, Binghamton, NY 13901

(607) 723-7308

Hours: Mon-Thurs 8 am-6:30 pm, Fri 8 am-4 pm

Walk-In Hours: Mon-Fri 9 am-11 am

MATTERS Network: (765)-MATTERS. Substance use and peer support. Telehealth appts daily 11 am-11 pm.

Alcoholics Anonymous (AA): (607) 722-5983

Narcotics Anonymous (NA): (315) 847-3842

Call 24/7 for information on groups in Broome County.

Other Services

Broome County Single Point of Access (SPOA)

Department of Mental Health

(607) 778-1119

Call between 8 am and 4 pm Monday—Friday.

Program connects you with a variety of mental health resources. Even just calling can be very informative.

Health Homes of Upstate New York (HHUNY)

Care management service provided by Circare.

(855) 613-7659

Eligibility is contingent on having two chronic conditions

OR a single qualifying serious chronic condition (including schizophrenia and bipolar disorder).

Broome County Department of Social Services

(607) 778-1100 **Hours:** Monday—Friday, 8 am—4 pm.

Human Services: 36-42 Main St, Binghamton, NY 13905

SNAP, Medicaid, HEAP, CASA: 501 Reynolds Rd,

Johnson City, NY 13790 **Assistive Programs:** (607)

778-1100 **After Hours Housing:** (607) 778-3885

Care Compass Collaborative

Social care network.

(607) 352-5264

Hours: Monday—Friday, 8:30 am—5 pm

Call to inquire about being connected with a network of professionals who can help you manage your care.

To find more mental health programs and services, visit our website at: www.omh.ny.gov



BeWell.ny.gov

